

Performance 1								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM	6-7.30am	6-7.30am		6-7.30am	6-7.30am	6-8am	
Hurst	PM	6.30-8.30pm	6.30-8.30pm		6.30-8.30pm	6-8pm		
S&C	PM			8-9pm				

Performance 2								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM	6-7.30am			6-7.30am	6-7.30am	6-8am	
Hurst	PM	6.30-8.30pm	6.30-8.30pm		6.30-8.30pm	6-8pm		
S&C	PM			6-7pm				

Performance 3								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM				6-7.30am		6-8am	
	PM	6-7pm	7.15-9.15pm		6-7.30pm			

Competitive 1								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM	6-7.30am				6-7.30am	6-8am	
	PM	8-9pm			7.30-9pm			5.30-7pm
Hurst	PM		6.30-8.30pm					
S&C	PM			8-9pm				

Competitive 2								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM		6-7.30am			6-7.30am	6-8am	
	PM	8-9pm			7.30-9pm			5.30-7pm
S&C	PM			6-7pm				

Competitive 3								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM		6-7.30am				6-8am	
	PM	7-8pm				6-7pm		5.30-7pm

Pre Comp 1								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM						8-9am	
	PM			7-8pm		7-8pm		4.30-5.30pm

Pre Comp 2								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM						8-9am	
	PM			7-8pm				4.30-5.30am

Development 1/2/3/4								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM						8-9am 10-11am	
	PM	6-7pm 7-8pm			6-7pm 7-8pm	6-7pm 8-9pm		

Masters								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	Lunch		12.30-1.30pm		12.30-1.30pm			
	PM			8-9.15pm		8-9pm		
Dolphin	AM			6.15-7.15am		6.15-7.15am	6.15-7.10am 7.10-8.05am 8.05am-9am	
	PM	8.30-9.30pm						

Academy								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Triangle	AM						9-10am 10-11am	
	PM					6-7pm 7-8pm		
Dolphin	PM	6.30-7.30pm 7.30-8.30pm			6.30-7.15pm 7.15-8.00pm			