



Open short course records (as at 05/22)



| 50m Freestyle | | | | 50m Breastroke | | | |
|-----------------|--------------------------|-----------------|---------------------------------|-----------------|--------------------------|----------------|-----------------------------------|
| Mens | Alex Bowen | 22.72 | National league R1 - 08/10/16 | Mens | Mackenzie Cannon | 28.44 | MSM Invitational - 14/05/22 |
| Womens | Mai Alland | 25.93 | SER winter champs - 07/11/09 | Womens | Rachael Bowen | 33.61 | GC open meet 21/11/15 |
| 100m Freestyle | | | | 100m Breastroke | | | |
| Mens | Alex Bowen | 52.10 | SER winter champs - 01/12/12 | Mens | Mackenzie Cannon | 1.02.23 | MSM invitational - 14/05/22 |
| Womens | Sophie Shaw | 57.37 | NASL R1 Burgess Hill - 09/10/21 | Womens | Maddi Barnaby | 1.14.09 | Sussex league - B,Hill - 28/04/18 |
| 200m Freestyle | | | | 200m Breastroke | | | |
| Mens | David Masters | 1.54.41 | Sussex county champs - 25/02/12 | Mens | Mackenzie Cannon | 2.19.33 | Winter Nationals- 05/12/21 |
| Womens | Charlotte Johnson | 2.06.96 | GC open meet - 16/11/19 | Womens | Amelia Stone | 2.39.45 | GC open meet 17/11/19 |
| 400m Freestyle | | | | 50m Fly | | | |
| Mens | Arthur Logan | 4.02.74 | Winter Nationals - 03/12/21 | Mens | Alex Bowen | 25.10 | Sussex county champs 24/02/13 |
| Womens | Charlotte Johnson | 4.26.74 | MSM Club champs - 17/09/21 | Womens | Rachael Bowen | 28.06 | GC open meet 21/11/15 |
| 800m Freestyle | | | | 100m Fly | | | |
| Mens | Cameron Bax | 8.45.06 | SER winter champs - 07/11/09 | Mens | Dave Warren | 56.59 | Maidenhead - 28/11/09 |
| Womens | Charlotte Johnson | 9.06.55 | SER winter champs- 03/11/18 | Womens | Sophie Maguire | 1.03.85 | Sussex league R3 - 08/06/19 |
| 1500m Freestyle | | | | 200m Fly | | | |
| Mens | Arthur Logan | 16.23.52 | MSM Club Champs - 16/12/21 | Mens | David Masters | 2.08.16 | Sussex county champs 25/02/12 |
| Womens | Charlotte Johnson | 17.45.91 | LD TT Burgess Hill - 09/12/18 | Womens | Charlotte Johnson | 2.18.47 | SER winter champs - 06/11/21 |
| 50m Backstroke | | | | 100m IM | | | |
| Mens | David Masters | 26.65 | National league R1 - 08/10/16 | Mens | Dave Warren | 58.55 | Maidenhead - 28/11/09 |
| Womens | Sophie Shaw | 28.49 | NASL R1 Burgess Hill - 09/10/21 | Womens | Rachael Bowen | 1.05.47 | Sussex league Brighton - 04/06/16 |
| 100m Backstroke | | | | 200m IM | | | |
| Mens | Ollie Goodhew | 56.76 | NASL R2 Burgess Hill - 12/11/16 | Mens | David Masters | 2.04.17 | NASL R2 Maidenhead - 10/12/16 |
| Womens | Sophie Shaw | 1.00.45 | Winter Nationals - 05/12/21 | Womens | Charlotte Johnson | 2.22.65 | NASL R1 Burgess Hill - 09/10/21 |
| 200m Backstroke | | | | 400 IM | | | |
| Mens | Ollie Goodhew | 2.03.09 | Sussex winter champs - 01/11/15 | Mens | Arthur Logan | 4.38.80 | Winter Nationals - 05/12/21 |
| Womens | Sophie Shaw | 2.09.99 | Winter Nationals - 08/12/19 | Womens | Charlotte Johnson | 5.01.81 | MSM Club Champs - 01/10/21 |

Please ensure you contact your coach if you break a record