



## Additional Code of Conduct for return to swimming – COVID-19

### All members

This document is supplementary to our standard Code of Conduct policies and deals with policies relevant to the safe return to swimming following / during the current pandemic environment.

#### Exposure

Swimmers should not attend the Club, and should follow the guidelines below, in the event of exposure or potential exposure to COVID-19:

***The main symptoms of coronavirus (COVID-19) are a high temperature, a new, continuous cough and a loss or change to your sense of smell or taste.***

1. Following Government advice, any swimmer who has the above symptoms may not attend the Club for 10 days. If the swimmer still has symptoms, then they must not return to the Club until they feel better.
2. Following Government advice, any swimmer who lives with someone who has the above symptoms may not attend the Club for 10 days from the day the first person in the household became ill. If the swimmer doesn't develop symptoms, then they can attend the Club after 10 days. If the swimmer does develop symptoms, they must not attend the Club for a further 10 days (see point 1).
3. Any swimmer, or a family member who lives with them, who has tested positive for COVID-19, should not attend training. They should confidentially advise the Club to allow contact tracing to take place.
4. If a swimmer has cough/cold symptoms but has tested negative for COVID-19 they can attend the Club when they feel well enough. They should advise the Club confidentially that they have tested negative.

#### General Conditions

5. Swimmers, or swimmers who have household members, who are categorised as 'clinically vulnerable' or 'extremely clinically vulnerable', in accordance with the Government's definitions, should make their own decision, having considered the risks, as to whether it is appropriate to attend training sessions or not.
6. Swimmers must abide by all social distancing guidelines in operation at the facility, as instructed by the Coach/Teacher and/or the COVID-19 poolside officer. Swimmers found to be breaching social distancing guidelines or not following instructions, may be asked to leave the training session.

#### Training Sessions

7. Swimmers should be dropped off and collected from outside the pool in accordance with information issued.
8. No parents / spectators will be permitted to stay in the building during the training session. It is recommended that parents/carers remain in their vehicles in the car park area whilst their swimmer is attending a training session.
9. All swimmers should arrive/leave in swimwear. Toilet facilities will be made available on a limited basis should a swimmer need to use the facilities during their training session. Limited changing facilities will be available after the session, swimmers must follow directions for changing and must leave the building when and as directed.
10. No Club training equipment will be provided. Swimmers should bring their own personal training equipment (as advised by their coach/teacher). Swimmers must not share training equipment or water bottles.

Signed Swimmer \_\_\_\_\_ Name of Swimmer \_\_\_\_\_

Signed Parent (if applicable) \_\_\_\_\_ Date \_\_\_\_\_

I have gone through this with my child and I accept responsibility for their behaviour.