

K2 Long Course Sessions – 2019



Date	Section	Lanes	Weekday	Start time	End time
01/09/2019	Regional	4 & 5	Sunday	18:30	20:30
07/09/2019	National	4 & 5	Saturday	06:00	07:30
14/09/2019	National	4 & 5	Saturday	06:00	07:30
15/09/2019	National	4 & 5	Sunday	18:30	20:30
22/09/2019	Masters	4 & 5	Sunday	18:30	20:30
06/10/2019	National Invite only	4	Sunday	18:30	20:30
13/10/2019	Regional	3 & 4	Sunday	18:30	20:30
27/10/2019	National	4 & 5	Sunday	18:30	20:30
02/11/2019	Regional Invite only	4	Saturday	06:00	07:30
03/11/2019	National	4 & 5	Sunday	18:30	20:30
17/11/2019	Youth Squad	4 & 5	Sunday	18:30	20:30
23/11/2019	Regional	4 & 5	Saturday	06:00	07:30
24/11/2019	National	3 & 4	Sunday	18:30	20:30
01/12/2019	National Invite only	5	Sunday	18:30	20:30
15/12/2019	County	4 & 5	Sunday	18:30	20:30