

## K2 Long Course Sessions – 2019



<b>Date</b>	<b>Section</b>	<b>Lanes</b>	<b>Weekday</b>	<b>Start time</b>	<b>End time</b>
06/01/2019	National	3 & 4	Sunday	18:30	20:30
13/01/2019	Masters	3	Sunday	18:30	20:30
17/02/2019	Regional	2	Sunday	18:30	20:30
03/03/2019	National	4 & 5	Sunday	18:30	20:30
24/03/2019	Regional	4 & 5	Sunday	18:30	20:30
31/03/2019	National Invite only	3	Sunday	18:30	20:30
21/04/2019	Regional	3 & 4	Sunday	18:30	20:30
05/05/2019	Masters	3	Sunday	18:30	20:30
19/05/2019	National Invite only	2	Sunday	18:30	20:30
02/06/2019	National	3 & 4	Sunday	18:30	20:30
16/06/2019	National	4 & 5	Sunday	18:30	20:30
30/06/2019	National	3 & 4	Sunday	18:30	20:30
14/07/2019	National	3 & 4	Sunday	18:30	20:30
21/07/2019	National Invite only	4	Sunday	18:30	20:30
28/07/2019	Masters & National invite only	3, 4 & 5	Sunday	18:30	20:30
01/09/2019	Regional	4 & 5	Sunday	18:30	20:30
15/09/2019	National	4 & 5	Sunday	18:30	20:30
22/09/2019	Masters	4 & 5	Sunday	18:30	20:30
06/10/2019	Regional	4	Sunday	18:30	20:30
13/10/2019	National	3 & 4	Sunday	18:30	20:30
27/10/2019	National	4 & 5	Sunday	18:30	20:30
03/11/2019	Youth Group & Regional invite	4 & 5	Sunday	18:30	20:30
17/11/2019	Regional	4 & 5	Sunday	18:30	20:30
24/11/2019	National	3 & 4	Sunday	18:30	20:30
01/12/2019	National Invite only	5	Sunday	18:30	20:30
15/12/2019	County	4 & 5	Sunday	18:30	20:30
22/12/2019	National	4 & 5	Sunday	18:30	20:30