mid sussex marlins

Open short course records (as at 26/03/18)

50m Freestyle				50m Breastroke			
Mens	**Alex Bowen**	**22.72**	National league R1 - 08/10/16	Mens	**Peter Ross**	**29.90**	Sussex county champs - 16/03/08
Womens	**Mai Alland**	**25.93**	SER winter champs - 07/11/09	Womens	**Rachael Bowen**	**33.61**	GC open meet 21/11/15
100m Freestyle				**100m Breastroke**			
Mens	**Alex Bowen**	**52.10**	SER winter champs - 01/12/12	Mens	**Peter Ross**	**1.04.68**	Sussex county champs - 16/03/08
Womens	**Rachael Bowen**	**57.71**	Sussex county relays - 31/01/16	Womens	**Maddi Barnaby**	**1.14.87**	Inter county - Sheffield - 08/10/17
200m Freestyle				**200m Breastroke**			
Mens	**David Masters**	**1.54.41**	Sussex county champs - 25/02/12	Mens	**Peter Ross**	**2.20.99**	Sussex county champs16/03/09
Womens	**Mai Alland**	**2.09.12**	Club championships - 04/04/09	Womens	**Emma Shilton**	**2.41.25**	SER winter champs 08/12/13
400m Freestyle				**50m Fly**			
Mens	**Cameron Bax**	**4.12.96**	ESSA div 12 gala - 19/09/09	Mens	**Alex Bowen**	**25.10**	Sussex county champs 24/02/13
Womens	**Jodie Miller**	**4.28.19**	No venue recorded - 05/12/04	Womens	**Rachael Bowen**	**28.06**	GC open meet 21/11/15
800m Freestyle				**100m Fly**			
Mens	**Cameron Bax**	**8.45.06**	SER winter champs - 07/11/09	Mens	**Dave Warren**	**56.59**	Maidenhead - 28/11/09
Womens	**Charlotte Johnson**	**9.14.33**	Distance TT Burgess Hill - 17/12/17	Womens	**Sophie Maguire**	**1.04.78**	Sussex league R2 - 24/03/18
1500m Freestyle				**200m Fly**			
Mens	**Cameron Bax**	**16.46.48**	Sussex county champs - 08/09/09	Mens	**David Masters**	**2.08.16**	Sussex county champs 25/02/12
Womens	**Sarah Roberts**	**18.56.70**	Burgess Hill - 24/02/07	Womens	**Charlotte Johnson**	**2.25.59**	Sussex winter champs - 22/10/17
50m Backstroke				**100m IM**			
Mens	**David Masters**	**26.65**	National league R1 - 08/10/16	Mens	**Dave Warren**	**58.55**	Maidenhead - 28/11/09
Womens	**Sophie Shaw**	**29.02**	MSM TT Burgess Hill - 22/01/18	Womens	**Rachael Bowen**	**1.05.47**	Sussex league Brighton - 04/06/16
100m Backstroke				**200m IM**			
Mens	**Ollie Goodhew**	**56.76**	NASL R2 Burgess Hill - 12/11/16	Mens	**David Masters**	**2.04.17**	NASL R2 Maidenhead - 10/12/16
Womens	**Sophie Shaw**	**1.02.64**	Sussex County relays - 28/01/18	Womens	**Emma Shilton**	**2.24.71**	SER winter champs - 07/12/13
200m Backstroke				**400 IM**			
Mens	**Ollie Goodhew**	**2.03.09**	Sussex winter champs - 01/11/15	Mens	**Dave Warren**	**4.41.91**	ASA masters Sheffield - 25/10/08
Womens	**Sophie Shaw**	**2.20.50**	MSM club champs 2017 - 24/09/17	Womens	**Emma Shilton**	**5.17.00**	Sussex county champs - 02/03/14

Please ensure you contact your coach if you break a record